Seroprevalence of Transfusion Transmitted Infections among Blood Donors Attending a Tertiary Care Hospital of Western Odisha

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ABSTRACT

BACKGROUND

Blood transfusion is an important lifesaving intervention, but it poses the risk of transmission of different infections like hepatitis B, hepatitis C, human immunodeficiency virus (HIV), *Treponema pallidum* (causing syphilis) and *Plasmodium spp.* (causing malaria) to the recipient. Seroprevalence of different transfusion transmitted infection (TTI) among blood donors is an indirect measure of these infections in the community. This study was conducted to assess the seroprevalence of different TTIs in blood donors attending blood bank of a tertiary care hospital of Western Odisha.

METHODS

12,241 samples over 8 years from both voluntary and replacement donors were processed for HBsAg, HCV, HIV by ELISA method and for syphilis by RPR test, for malaria by rapid card test. Positive samples were confirmed by PCR method for HBsAg, HCV, HIV and by TPHA test for Syphilis and by peripheral smear study for malaria. All the positive samples were rejected for transfusion and the seroreactive blood donors were sent to appropriate department for treatment.

RESULTS

Among 12241 samples 0.96% (118/12241) samples were positive for TTI. 2.70% (328/12241) were voluntary donors and 1.87% (229/12241) were female donors. Seroprevalence of hepatitis B, hepatitis C, HIV, Syphilis and malaria were 0.62, 0.044%, 0.073%, 0.1% and 0.12% respectively. Hepatitis B showed significant decrease of annual prevalence over 8 years.

CONCLUSIONS

Seroprevalence of TTI was lower compared to other studies of India. Highest seroprevalence was seen in hepatitis B. Awareness about hepatitis B vaccination should be increased in that area. Voluntary blood donation and female participation should be encouraged in that area.

KEY WORDS

Seroprevalence, TTI (Transfusion Transmitted Infections), Blood Donors, Trends

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BACKGROUND

Blood transfusion is a lifesaving intervention in an accident, in case of anaemia and other haematological diseases. It was discovered by Dr James Bundell in 18181. Like all other medical interventions, it also has different adverse effects and risks. Most important risk is chances of acquiring transfusion transmitted infections. There is 1% chance of adverse effects including TTI with every unit of blood.² Screening of blood Donors was first started in 1947.3 Government of India has started screening of blood unit for hepatitis B virus since 1971; HIV since 1989; hepatitis C virus since 2001.^{4,5} In spite of screening we cannot detect these diseases in their Window Period. Risk of getting blood within Window period of different diseases are 1 in 493000 in case of HIV; 1 in 103000 in case of hepatitis C virus and 1 in 63000 in case of hepatitis B virus.⁶ India lies in an intermediate zone of HBV endemicity with prevalence of 2% to 8% in general population and 1% to 2% in blood Donors.^{7,8,9} There are about 50 million hepatitis B virus carriers and that makes India the second largest pool of chronic hepatitis B virus carrier in the world.7

Seroprevalence of hepatitis C virus in blood donors in India is 0.12% to 2.5% and in general population it is less than 2%.10,11 HCV prevalence is 3% in the world with 170 million people at risk.12 Global seroprevalence of HCV in blood donors is 0.4% to 19.2%. The human immunodeficiency virus (HIV) is a retrovirus, an enveloped RNA virus, which is transmitted through parenteral and sexual route. It is found in blood and other body fluids. Target cell of HIV is lymphocyte where it replicates. The RNA of HIV integrates into the host cell DNA. HIV virus is classified into different groups and subtypes (Clades) that have significant antigenic differences; HIV-1 and HIV-2 are the two major distinct virus types and there is significant cross-reactivity between them. HIV-1 is endemic in many parts of the world including India. HIV-1 group M is responsible for most of the infections worldwide. The prevalence of HIV-2 is mainly restricted to West African region and India. Additionally, a few infections with HIV group O and group N have been observed in Africa.13 Seroprevalence of HIV in adult population is 0.26% in 2015 with 2.39 million people living with HIV or AIDS.14 There is about 1% of chance of getting HIV during blood transfusion. Seroprevalence of malaria and syphilis in blood donors are variable in different geographical area.

Transfusion transmitted infection not only cause morbidity, mortality in recipient but also it is a threat to his/her family and community as most of the TTI except malaria are sexually transmitted diseases. Estimation of TTI in blood donors is indirect indicator of disease burden in community as blood donors are asymptomatic individuals from community. Considering paucity of data about TTI in blood donors in Western Odisha we have conducted research to find out seroprevalence of different TTI in blood donors attending blood bank of a tertiary care hospital of Western Odisha.

METHODS

This prospective observational study was conducted in the blood bank of Hitech Medical College, Rourkela, in collaboration with Microbiology Department over a period of 8 years from Jan 2012 to Dec 2019 among replacement and voluntary blood donors. 2 ml of blood was collected from all blood donors and serum was separated.

Inclusion Criteria

- 1. Healthy men and non-pregnant non lactating women.
- 2. Age 18 to 60 years,
- 3. Weight at least 45 kg,
- Haemoglobin levels at least 12.5 g/dL (females) and 13.5 g/dL (males)
- 5. No history of hepatitis B, hepatitis C, HIV, syphilis and malaria in patient.
- 6. No history of STD in sexual partners.

Exclusion Criteria

- 1. Professional donor.
- 2. Current history of taking any antibiotic, antiviral or antimalarial or antiretroviral therapy.
- 3. History of major surgery.
- 4. Blood transfusion within 1 years.
- 5. Radiotherapy or Chemotherapy (recent or past).

Investigations

- 1. Anti-HIV 1 & 2 antibody ELISA (ERBA Lisa HIV Gen. 3)
- 2. HBsAg by ELISA (ERBA Lisa SEN HBsAg)
- 3. HCV Antibody ELISA (ERBA Lisa HCV Gen 3)
- 4. Syphilis RPR card test (Transasia).

Malaria card test (SD bio line) and positive samples were confirmed by peripheral smear method (Giemsa stain). All reactive samples for HIV, HBsAg, HCV were sent to PCR lab for confirmation. Syphilis was confirmed by TPHA test and malaria was confirmed by Peripheral smear study. All seropositive blood donors were sent to appropriate departments for treatment and they were rejected for blood donation.

Data Analysis

Data analysis was done by SPSS software version 21.

RESULTS

12241 samples were processed over 8 years period. Voluntary and Replacement blood donor's distribution was showed in Fig 1. Male and female distribution in different types of donors was showed in Fig 2. Prevalence of different TTI over 8 years was showed in Fig 3. Trends of different TTI over 8 years with annual prevalence was showed in Fig 4. Positivity of Different TTI according to age group was showed in Table 1.

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40.00% 20.00% 0.00% replacement voluntary overall donors donors Male Female Figure 2. Sex Distribution among Different Types of Donors





Age Group	No. of Donor n (%)	HBsAg Positive	HCV Positive	HIV Positive	Syphilis Positive	malaria Positive	Total Positive
<20	1236 (10%)	5 (6.1%)	0 (0%)	0 (0%)	0 (0%)	1 (7%)	6 (5.02%)
21-30	5256 (43%)	28 (37%)	4 (80%)	6 (67%)	9 (69%)	8 (53%)	55 (46.6%)
31-40	4112 (34%)	40 (53%)	1 (20%)	3 (33%)	4 (31%)	5 (33%)	53 (45%)
41-50	1637 (13%)	3 (3.9%)	0 (0%)	0 (0%)	0 (0%)	1 (7%)	4 (3.38%)
51-60	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)
Total	12241 (100%)	76 (100%)	5 (100%)	9 (100%)	13 (100%)	15 (100%)	118 (100%)
Table 1. Positivity of Different TTI According to Age Group							

DISCUSSION

Every blood transfusion poses risk for transmissible disease; thereby it is important to check every unit of blood before transfusion. Most common TTI in India are HBV, HCV, HIV, Syphilis and malaria. Chagas disease, HTLV and Cytomegalovirus can be transmitted through blood, but these are not common in India¹³. We had excluded donors below 18 years and above 60 years and most of the donors were male, still our study reflected the disease burden in community of Western Odisha.

In our study most of the samples were from replacement donors (97.3%) only 2.7% were from voluntary donors. Voluntary blood donation (%) in our study was very much smaller than study done by Bhaumik et al¹ (91.8%), Bhawani et al¹⁵ (41.64%), Fernandes H et al¹⁶ (61.2%), Kaur et al¹⁷ (45%). This area needed more no of blood donation campaign to increase voluntary blood donation. In our study 98.12% were male donors and 1.87% were female donors. This finding was comparable with study done by Qureshi et al¹⁸ (2.2% female), Gopi et al¹⁹ (2.84% female), Biswal et al²⁰ (0.92% female) Ray et al²¹ (0.22% female) but not consistent with the study done by Karmakar et al²² (15% female) and Panda et al⁹ (8.3% female). However, in voluntary blood donation female participation was more (26%) compared to replacement blood donation (1.80%).This finding was consistent with the study done by Biswal et al²⁰. In our study most of the donors were in age group of 21-30 (43%) followed by age group of 31-40 (34%) like another study by Gopi et al,¹⁹ Qureshi et al,¹⁸ Panda et al,⁹ Ray et al,²¹ Karmakar et al.²² Seroprevalence of TTI in our study was 0.96% which was higher than Agarwal et al²³ (0.87%) but lower than Ray et al²¹ (3.22%), Karmakar et al²² (2.73%), Gopi et al¹⁹ (1.34%), Leena et al²⁴ (1.35%), Amrutha et al²⁵ (2.81%). Kotwal et al²⁶ (3.02%) and Kumar et al²⁷ (4.57%).

HBV seroprevalence was highest in our study compared to another TTI and it was consistent with most of the study worldwide. hepatitis B virus (HBV) is a member of the hepadnavirus group and is an enveloped DNA virus. HBV is transmitted through parenteral route and may be found in blood and other body fluids like semen and vaginal fluid. From the blood stream the virus travels to the liver as site of replication is hepatocytes. HBV is endemic globally and hyper-endemic in many parts of the world. While HBV is present in the bloodstream, the levels of the virus itself are variable. In recently infected individuals, viral DNA is normally present, although not always at high levels. Chronically infected individuals may either be infectious (DNA present) or non-infectious (viral DNA absent) and viraemia would generally be expected to be very low or absent entirely.13

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HBV seroprevalence was 0.62% in our study which was almost similar to study done by Singh et al²⁸ (0.62%),Gupta et al⁸ (0.66%) and Leena MS et al²⁴ (0.71%).It was higher than Biswal et al²⁰ (0.394) Qureshi et al ¹⁸ (0.48%), Gopi et al¹⁹ (0.098%), Shrestha et al²⁹ (0.12%) but lower than study done by Amrutha Kumari²⁵ (1.77%) Kumar R et al²⁷ (1.03%), Panda et al⁹ (1.13%) Srikrishna et al³⁰ (1.86%) Sastry et al³¹ (1.23%) Bhattacharya et al³² (1.66%), Bhaumik et al¹ (1.2%) Karmakar et al²² (1.41%), Garg et al¹¹ (3.44%), Pahuja et al¹⁰ (2.23%), Chandra et al³³ (1.96%), Arora et al³⁴ (1.7%), Buseri FI et al³⁵ (8.1%) Terenpuntsag B et al³⁶ (8.1%), Ray et al²¹ (1.36%) Giri et al³⁷ (1.09%).

Hepatitis C virus (HCV) is a member of the flavivirus group and is an enveloped RNA virus. It is transmitted through parenteral route and may be found in blood and other body fluids like vaginal fluid or semen. From the bloodstream, the virus travels to the liver where it replicates in hepatocytes, resulting in a similar picture to that seen with HBV infection. In our study hepatitis C prevalence was 0.044% which was lower than study done by Leena et al²⁴ (0.14%), Amrutha et al²⁵ (0.13%), Kumar et al²⁷ (1.53%), Panda et al⁹ (1.98%), Srikrishna et al³⁰ (1.02%), Sastry et al³¹ (0.41%) Gopi et al¹⁹ (0.081%), Pallavi et al³⁸ (0.23%), Gupta et al⁸ (1.09%), Pahuja et al⁹ (0.66%), Chandra T et al³³ (0.85%), Arora et al³⁴ (1%), Bhattacharya et al³² (0.31%) Karmakar et al²² (0.59%), Shrestha et al²⁹ (0.64%), Buseri Fletal ³⁵ (6%), Terenpuntsag B et al³⁶ (8.7%).

In our study HIV prevalence was 0.073% which was almost similar to Giri et al37 (0.07%) and Gupta et al8 (0.084%). But it was lower than study done by Leena MS et al²⁴ (0.27%), Ray et al²¹ (0.56%), Kumar et al²⁷ (0.26%), Panda et al⁹ (0.35%), Srikrishna et al³⁰ (0.44%), Sastry et al³¹ (0.28%), Gopi et al¹⁹ (0.16%), Pallavi et al³⁸ (0.44%), Pahuja et al¹⁰ (0.56%), Chandra T et al³³ (0.23%), Arora et al³⁴ (0.3%), Bhattacharya et al³² (0.28%), Karmakar et al²² (0.6%), Biswal et al²⁰ (0.128%),Shrestha et al²⁹ (0.12%), Buseri FI et al³⁵ (3.1%) and Amrutha Kumari²⁵ (0.63%). In our study Syphilis prevalence was 0.1% which was similar to Leena MS et al ²⁴ (0.129%) It was lower than Fernades H et al¹⁶ (2%), Kumar et al²⁷ (1.74%), Srikrishna et al³⁰ (1.6%),Gupta et al⁸ (0.85%), Arora et al³⁴ (0.9%), Bhattacharya et al³² (0.72%), Karmakar et al²² (0.23%), Biswal et al²⁰ (0.706%), Buseri FI et al35 (1.1%), Amrutha kumari25 (0.28%) It was higher than Sastry et al³¹ (0.008%), Gopi et al¹⁹ (0.024%) and Chandra T et al³³ (0.01%). In our study malaria prevalence was 0.12% which was higher than Kumar et al²⁷ (0.006%), Sastry et al³¹ (0.0%), Fernades H et al ¹⁶ (0.01%)but it was lower than Leena MS et al²⁴ (0.129%),Biswal et al ²⁰ (0.113%), Buseri et al35 (30.2%), Ali MSM et al39 (16.5%).

About trend analysis gradual fall of annual prevalence was noted in case of hepatitis B but not in another TTI like Hepatis C and HIV. This gradual decrease in prevalence of HBV was also showed by Bhaumik et al¹, Ray et al²¹ and Karmakar et al.²² Gopi et al¹⁹ had reported no significant changes of prevalence of HBV over years. Qureshi et al¹⁸ had reported decrease of both HBV and HCV prevalence over years. Karmkar et al²² had reported decrease of HCV prevalence only but not of HBV. Gradual decrease of HBV prevalence over recent years in our study might be due to increase in HBV vaccination in that area and increase awareness among general population about risky behaviour like blood transfusion, needle sharing, unsafe sex etc. Although male donors and donors of age group of 20 to 40 were more affected with TTI in our study but it was not significant as no of male donors and donors of this age group was also larger compared to female donors and donors of another age group respectively?

CONCLUSIONS

Prevalence of TTI in our study (0.96%) was lower compared to other studies of India. It might be due to good health status of blood donors as compared to general population, better lifestyle and effective impact of government program (like NACO for HIV). HBV was the most prevalent TTI in our study. So, there is need for initiating efforts for health programmes for HBV in addition to boosting universal immunization programs with HBV which was started in 2007 with more focus on youth population who are not vaccinated yet. Also, there is a need for organizing more number of blood donation camps to increase voluntary blood donation and female participation in blood donation should be encouraged.

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